



Christ Church Cathedral
Hartford, Connecticut
The Fourth Sunday after the Epiphany
January 28, 2024

We acknowledge the Tunxis, Sicaog, Wangunks and Poquonook people, the traditional custodians on the land on which Christ Church Cathedral is located. We pay respect to their elders, past and present. We respect their people and traditions as a continued call to live out the ministry of reconciliation to which we are called.

Welcome to our community! Wherever life is taking you, know that we are honored by your presence and invite you to experience God's life-giving grace with us at Christ Church Cathedral. As a community of faith we celebrate God's graciousness by proclaiming in word and deed that God's love is abundant and unconditional. At the Lord's Table, all baptized are welcome to receive Communion. Please turn off your cell phones once the prelude begins. Should you like to speak with a priest following the service, please contact an usher.

Hymns are in The Hymnal 1982 and Lift Every Voice and Sing II (LEVAS).

At the 8 a.m. service, hymns and the second reading are omitted.

The Gloria is recited at the 8 a.m. service. It can be found on page 356 of the Book of Common Prayer.

The Liturgy of the Word

Prelude

Processional Hymn ~ 1982 Hymnal # 448

O love, how deep, how broad, how high

Divinum Mysterium

Celebrant Blessed be God: most holy, glorious, and undivided Trinity.

People **And blessed be God's reign, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria ~ 1982 Hymnal # 236 Glory to you

John Rutter

The Collect

Celebrant God be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated for the reading of Holy Scripture.

A Reading From ~ Deuteronomy 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in

the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

Lector The word of the Lord.

People **Thanks be to God.**

Psalm 111 *Confitebor tibi ~ Sung by the Choir*

Richard Massey

- 1 Hallelujah!
I will give thanks to the Lord with my whole heart, *
in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the Lord! *
they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, *
and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; *
the Lord is gracious and full of compassion.
- 5 He gives food to those who fear him; *
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works *
in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; *
all his commandments are sure.
- 8 They stand fast for ever and ever, *
because they are done in truth and equity.
- 9 He sent redemption to his people;
he commanded his covenant for ever; *
holy and awesome is his Name.
- 10 The fear of the Lord is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.

A Reading From ~ 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience,

being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Lector The word of the Lord.

People **Thanks be to God.**

Please stand as you are able.

Gradual Hymn ~ 1982 Hymnal # 593 Lord, make us servants of your peace *Dickinson College*

The Gospel ~ Mark 1:21-28

Deacon The Holy Gospel of our Savior Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Deacon The Gospel of our Savior.

People **Praise to you, Lord Christ.**

The Sermon ~ The Rev. Jay Cooke, Priest Associate

Following the Sermon, the Celebrant stands. Please stand as you are able.

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons. We pray especially for Justin, Archbishop of Canterbury, Michael, our Presiding Bishop, Jeff and Laura our Bishops; Lina, our Dean; Roxana, our Pastoral Assistant; Bonnie, our Deacon; Jay, Tim and Ranjit, our Associate Clergy; and for our Congregations Committee and Ministry Team. We also pray for our sister diocese of Aberdeen and Orkney.

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble. We pray especially for Bishop Michael Curry, Viola, Will, Kathleen R., Bodhi, Connie, Joan Z, Maïa, Lee, Almeta, Camille, Gerard, Lourdes, Lenora, Elaine, Alzi P., James P., Ardyce, Mike R., Jennifer, Andrew, Benjamin, Camden, Adrienne, Felicity, Sherrod, Graham, Richard, Mark, Bill, Betty Jo, Michael, Jason, Andrew, Jeannie, Denise, Shelly N., Dennis, Charlene, Marcia, Sean, Mary, Diane, Andrew, David, Shaun, Thomas, Alberto, Kelley, Allison, Dina, Aubrey, Bill, Grace, Ben, Frank, Eric, Nelson, Joan, Treviana, Bob, Tyrone, Lillian, Alexandra, Locksley, Todd, Rosa, Miguel, Javon, Debbie, Julian, Mercedes, Nancy, Rose,

and those we now name in our hearts;
That they may be delivered from their distress.

Give to the departed eternal rest.
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

Celebrant

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

The Confession of Sin

The Deacon says

Let us confess our sins against God and our neighbor.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of our Savior Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant The peace of Christ be always with you.

People **And also with you.**

The People greet one another in the name of the Lord.

Welcome and Announcements ~ The Very Rev. Miguelina Howell, Cathedral Dean

Offertory Sentence

Offertory Anthem ~ How lovely are the messengers

Felix Mendelssohn

Doxology ~ Hymnal 1982 # 380 v. 3 Praise God, from whom all blessings flow

Old 100th

The Holy Communion

The Great Thanksgiving ~ Eucharistic Prayer B (Expansive Language)

Celebrant God be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus ~ 1982 Hymnal # S130

F. Schubert

Please stand or kneel as you are able.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in Jesus Christ, the Word made flesh.

For in these last days you sent Jesus to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember Christ's death,
We proclaim Christ's resurrection,
We await Christ's coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever. **AMEN.**

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to pray,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

A period of silence is kept.

Celebrant Alleluia! Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia!

Agnus Dei ~ 1982 Hymnal # S164

F. Schubert

Celebrant The Gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The celebrant leads a prayer for spiritual communion for those worshipping online.

Act of Spiritual Communion

God of love and grace, of justice and peace, we give you thanks that in the Sacrament of the altar you assure us of your presence within us and within the body of Christ, the faithful through all the generations; grant that we who have witnessed anew these holy mysteries, though unable to receive the physical elements of the Sacrament, may be moved by your indwelling Spirit ever more fully to embody your holy and life-giving presence, until we are gathered at last into the fullness of your glorious and eternal presence; through Christ our Risen Lord. Amen.

All baptized Christians, regardless of age or denomination, are welcome to receive Holy Communion. When coming forward to receive Holy Communion, please follow the direction given by the ushers. If you are unable to come to the front, please let an usher know and the Sacrament will be brought to you.

Communion Hymn ~ LEVAS II # 74 Jesu, Jesu

Prayer after Communion

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

Recessional Hymn ~ 1982 Hymnal # 493 O for a thousand tongues to sing

Azmon

The Dismissal

Deacon Let us go forth in the name of Christ.
People Thanks be to God.

Postlude

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If you are visiting us for the first time, WELCOME!

We would like to keep you informed of the amazing blessings we experience in this house of prayer. Please introduce yourself to Dean Howell, Rev. Videla, or Deacon Matthews.

Please join us for Fellowship Hour in the Cathedral House Auditorium following the service.



CHRIST CHURCH CATHEDRAL
CONNECTICUT'S CATHEDRAL

CHRIST CHURCH CATHEDRAL

An Episcopal Church within the Anglican Communion

All faithful lay people and clergy of the Episcopal Church in Connecticut

The Rt. Rev. Jeffrey W. Mello, Bishop Diocesan

The Rt. Rev. Laura J. Ahrens, Bishop Suffragan

The Very Rev. Miguelina Howell, Cathedral Dean

The Rev. Roxana Videla, Pastoral Assistant

The Rev. Bonnie Matthews, Cathedral Deacon

The Rev. Jay Cooke, Priest Associate

The Rev. Canon Timothy Hodapp, Priest Associate

The Rev. Canon Ranjit K. Mathews, Priest Associate

Jilda Aliotta, Chair of Congregation Committee

Richard Baraglia, Vice-Chair of Congregation Committee

Since 1762, this Christian community has gathered for worship. To learn more about the ministries we share in this place, you are invited to speak to the clergy or parishioners after the service.

Serving at 8:00 a.m.

Celebrant and Preacher

The Rev. Jay Cooke, Priest Associate

Announcements

The Very Rev. Miguelina Howell, Cathedral Dean

Intercessor / Verger

Jilda Aliotta

Psalm Leader / Altar Server

John Scott

Lector

Tom Smith

Serving at 10:00 a.m.

Celebrant

The Very Rev. Miguelina Howell, Cathedral Dean

Preacher

The Rev. Jay Cooke, Priest Associate

Assisting

The Rev. Roxana Videla, Pastoral Assistant

Crucifer

John Scott

Vergers

Marcia Barnett and Peggy Ornell

Virtual Vergers

Richard Baraglia and Deborah Simmons

First Lector

James Lechause

Second Lector

Vernelle Davis

Ushers

Vernelle Davis and Sheila Green

Guild

Gilbeean Scott, Sheila Green, David Marcano, and Nagda and Ramon Echavarria

Choir

Seth Allen, S. Blair, Kelley Kelly, Viola Mullin, Katherine Platte, and Liam Shannon

CATHEDRAL STAFF

David Borawski, Building Manager

Katherine Frisoli, Media Coordinator

Cindy Hursty, Accountant & Office Manager

John Scott, Sacristan

Marianne Vogel, Director of Music

Pedro Cirilo Coral, Spanish Music Coordinator & Custodian

Sean Glenn, Office Assistant

Nelson Mena, Spanish Music Coordinator

Gregory Simmons, Event Coordinator & Assistant to the Dean

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