



Christ Church Cathedral
Hartford, Connecticut
THE THIRD SUNDAY IN LENT

March 15, 2020

Welcome to Christ Church Cathedral, a parish since 1762 and since 1919 the Cathedral of The Episcopal Church in Connecticut. In this sacred place we invite you to experience God's life-giving grace and in proclaiming God's love in word and deed. All baptized persons are welcome to receive Holy Communion. An usher can provide a hearing device if needed. Please turn off cell phones. After the service, we hope you will join us for the Fellowship Hour in the Cathedral House auditorium.

Hymns are from *The Hymnal 1982* and *LEVAS [Lift Every Voice and Sing]*.

At the 8 a.m. service, there is no music, the Gloria is recited from page 356 of The Book of Common Prayer, and the first reading is omitted.

THE LITURGY OF THE WORD

Please enter in silence and remain seated for the Prelude

PRELUDE - Thee we adore, O blessed Savior

Healey Willan

PROCESSIONAL – 1982 HYMNAL # 686 Come, thou fount of every blessing

Nettleton

Celebrant Blessed be God who forgives all our sins.

People **His mercy endures forever.**

THE DECALOGUE

Please kneel if you are able.

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

The Celebrant says

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. (1 John 1:8,9)

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

KYRIE –



THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated for the reading of Holy Scripture.

A READING FROM – EXODUS 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the LORD, “What shall I do with this people? They are almost ready to stone me.” The LORD said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

Reader The Word of the Lord.

People **Thanks be to God.**



A READING FROM – ROMANS 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.
People **Thanks be to God.**

GRADUAL HYMN – 1982 Hymnal # 455 O Love of God, how strong and true

Dunedin

THE HOLY GOSPEL – JOHN 4:5-42

Priest The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Priest The Gospel of the Lord
People **Praise to you, Lord Christ.**

THE SERMON

The Celebrant stands. Please stand as you are able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Lord, gather us this Lent in your embrace, as we pray.

For all who hold authority in your Church, that they may know you and humbly teach in your light; We pray especially for Justin, Archbishop of Canterbury, Michael, our Presiding Bishop, Ian and Laura our Bishops; Lina, our Dean, Jorge, our Canon for Congregational Life, Bonnie, our Deacon, Tim, Lee Ann, Jay and Lois our Associate Clergy, for Helena, our Cathedral intern, and for our Congregation's Committee and Ministry Team. We also pray for our sister diocese of Aberdeen and Orkney, and particularly for their Bishop, Anne.

Lord in your mercy

Hear our Prayer

For the President, world leaders, members of Congress, elected officials at all levels, and for those working to improve our world. We pray especially for officials of the Centers for Disease Control and Prevention (CDC), for health care providers as they respond to the threat of the COVID-19 (Coronavirus).

Lord in your mercy

Hear our Prayer

For those who are anxious and in despair, for refugees and immigrants who are living in fear, we pray especially for the victims of COVID-19 (Coronavirus) around the world and for their relatives and caregivers.

Lord in your mercy

Hear our Prayer

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. And for those who have asked for our prayers: **Cindy, Jason, Andrew, Juan, Jervis, Jeannie, Denise, Shelly N., Paul, Dennis, Melissa, Peggy, Jack S., Charlene, Marcia, Lori, Sean, Mary, Nehemiah, Diane, Andrew, David, Shaun, Jack, Thomas, Alberto, Madeline, Kelley, Dana, Allison, Elaine, Dina, Aubrey, Bill, Grace, Ben, Frank, Eric, Sonia, Rosalee, Simone, Nelson, Joan,** and for those we now name in our hearts.

Lord in your mercy

Hear our Prayer

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord in your mercy

Hear our Prayer

Celebrant

Merciful God, remember us and all those whom we hold in our hearts. In these forty days help us to do the work of our baptism and daily to raise to you the needs of the world. Grant this through Jesus Christ, Our Lord. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

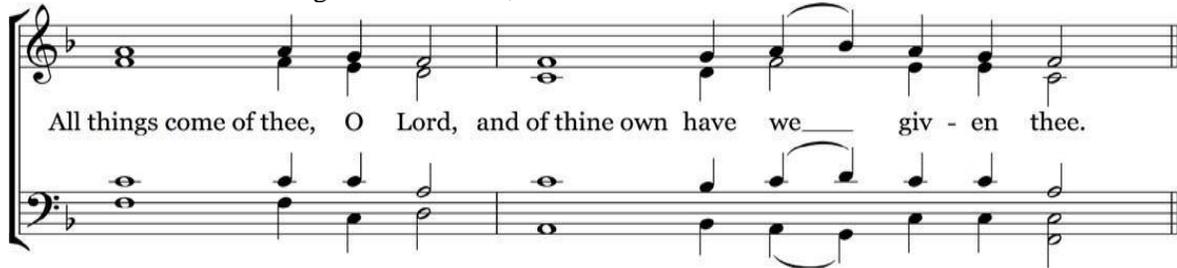
People **And also with you.**

The People greet one another in the name of the Lord.

OFFERTORY ANTHEM – Like as the hart

Herbert Howells

PRESENTATION HYMN - All things come of Thee, O Lord



THE HOLY COMMUNION

THE GREAT THANKSGIVING - Eucharistic Prayer C

Celebrant The Lord be with you
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you forever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS – 1982 Hymnal, # S 122

Plainsong: Mass 18

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the Blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

God of our Fathers and Mothers, Abraham, Isaac, Jacob, Sarah, Rebecca, and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to pray

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory, For ever and ever. Amen.

THE BREAKING OF THE BREAD

Celebrant Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast.**

AGNUS DEI – 1982 Hymnal # S 160

Anaphora Chant ad. M. Martens

Celebrant The Gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized Christians, regardless of age or denomination, are welcome to receive Holy Communion. When coming forward to receive Holy Communion, please follow the direction given by the ushers. Receive the bread in the palm of your hand and the wine by drinking from the Cup or by intinction (touching the Bread to the Wine). If you are unable to come to the front, please let an usher know and the Sacraments will be brought to you. During Communion the Laying on of Hands and Anointing is offered in the Chapel and the Baptistry.

COMMUNION ANTHEM - Thee we adore

T.F.H. Candlyn

POSTCOMMUNION PRAYER

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and forever. Amen.

PRAYER OVER THE PEOPLE

*In Lent, in place of a seasonal blessing, a solemn Prayer over the People is used, as follows:
The Celebrant says Bow down before the Lord.*

The people who are able, kneel and the Celebrant says the following prayers:

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

RECESSIONAL HYMN – 1982 Hymnal # 495 Hail, thou once despised Jesus! v1-3

In Babilone

THE DISMISSAL

Priest Let us go forth in the name of Christ.
People **Thanks be to God.**

POSTLUDE – Scherzo/Toccata on “Come, Thou Fount”

Frederick Steffen

(Please refrain from applause during the Penitential Season of Lent)

If you are visiting for the first time, WELCOME!

To learn more about the ministries we offer and the amazing blessings experienced in this house of prayer, please sign the guest book in the main foyer and fill out a Visitor's Card found in the pew. Place it in the offering plate or return by mail. Please introduce yourself to Dean Howell and Canon Palares and join us for fellowship in the Cathedral House auditorium.

PASTORAL EMERGENCIES

If you or a family member is ill or in need of a pastoral visit or if you need pastoral support in an emergency situation, please call Canon Pallares at 860-527-7231 or cell phone number 860-324-3357. **Please note:** No text message feature available on this number.

IMPORTANT ANNOUNCEMENT:

Please do not park in front of the red door at the Cathedral House. It is the entrance for our CSE guests. It also functions as emergency exit and should be cleared at all times. We appreciate your consideration.

Please do not park in the space by the right of the dumpster. The building that owns that space will have you towed and the tow company for them has been patrolling the area. If you park in the MAT Garage our Cathedral will validate your parking.

Communion Practice in light of COVID-19 threat

Following the advice of our bishops and health professionals/ organizations, for the time being, those who would like to receive communion with both elements are invited to drink directly from the cup. The Dean will be updating our communion during announcements weekly. We will not be offering intinction.
As indicated in the letter sent by our bishops, receiving in only one kind (in this case, the bread) is also a full and sufficient participation in the sacrament.

We understand this may be challenging news for some and a safe practice for all.

Should you have any questions, please contact Dean Howell, Canon Pallares or Deacon Matthews.

OUR SERVICES

Sunday

- 8:00 a.m..... Holy Eucharist in English
- 10:00 a.m..... Holy Eucharist in English with Music
- 10:00 a.m..... Sunday School
- 12:30 p.m..... Santa Misa en Español con Música

Saturday

- 2:00 p.m..... Church by the Pond, Bushnell Park between Jewell Street and the Pond.
Read more about Church by the Pond at our website <http://www.cccathedral.org>

Wednesday

- 11 a.m. – 12 p.m. Music Moves Hartford
- 12:00 p.m. Holy Eucharist
- 5:15 p.m. Wellness Wednesday
Zumba
Contemporary Worship
Dinner
- 5:30 p.m. Children’s Choir
- 6:00 p.m. Music Reading Class
- 7:00 p.m. – 9:00 p.m. Adult Choir

Thursday

- 6:00 p.m..... Bible Study in Spanish – March 26th

TODAY

Sunday, March 15th

Following the 10:00 am service @ the Cathedral House Reception Room
Join us every Sunday to discuss the book “Morning Resolve”.
Lenten Series Week 3 discussion: Exercising Graceful Activities

UPCOMING CATHEDRAL EVENTS - SAVE THE DATE

Tuesday, March 17th

6:00 pm – 8:00 pm
Congregations Committee Meeting

Friday, March 20th

@ 6:30 pm
Movie Night
Held in the Cathedral Reception Room

Sunday, March 22nd

Following the 10:00 am service @ the Cathedral House Reception Room
Join us every Sunday to discuss the book “Morning Resolve”.
Lenten Series Week 4 discussion: Practicing Faithful Habits



CHRIST CHURCH CATHEDRAL
CONNECTICUT'S CATHEDRAL

CHRIST CHURCH CATHEDRAL

An Episcopal Church within the Anglican Communion

All faithful lay people and clergy of the Episcopal Church in Connecticut

The Rt. Rev. Ian T. Douglas, Bishop Diocesan

The Rt. Rev. Laura J. Ahrens, Bishop Suffragan

The Very Rev. Miguelina Howell, Cathedral Dean

The Rev. Canon Jorge Pallares, Canon for Congregational Life

The Rev. Bonnie Matthews, Cathedral Deacon

The Rev. Canon Timothy Hodapp, Priest Associate, Canon for Mission Collaboration, ECCT

The Rev. Canon Lee Ann Tolzmann, Priest Associate, Canon for Mission Leadership, ECCT

The Rev. Jay Cooke, Priest Associate

The Rev. Lois Keen, Priest Associate

Since 1762, this Christian community has gathered for worship. To learn more about the ministries we share in this place, you are invited to speak to the clergy or parishioners after the service.

Serving at 8:00 a.m.

Celebrant.....	The Rev. Canon Jorge Pallares, Canon for Congregational Life
Preacher.....	The Very Rev. Miguelina Howell, Cathedral Dean
Lector and Chalice Bearer.....	Jilda Aliotta
Verger.....	John Scott

Serving at 10:00 a.m.

Celebrant.....	The Rev. Canon Jorge Pallares, Canon for Congregational Life
Preacher.....	The Very Rev. Miguelina Howell, Cathedral Dean
Verger.....	Marcia Barnett
Chalice Bearer.....	John Scott
1 st Lector.....	Pat Wrice
2 nd Lector.....	Vernelle Davis
Healing Minsters	Rose Fichera Eagen
Acolytes.....	Courtney Hanson, Mariah McBride, Delano Romano
Ushers.....	Connie Bain, Shelia Green, Gilbeean Scott
Guild.....	Connie Bain, Monica Best, Sheila Green, Consuelo Amat, Gilbeean Scott
Cathedral Choir.....	Kevin de Benedictis, Chris Gallerani, Kelley Kelly, Dan Kingman, Viola Mullin, and Elizabeth Townsend
Chime Ringer.....	Chris Gallerani

CATHEDRAL STAFF

Katherine Frisoli, Assistant to the Dean
Cindy Hursty, Accountant & Office Manager
David Borawski, Building Manager
Marianne Vogel, Director of Music

John Scott, Sacristan
Pedro Cirilo Coral, Spanish Music Coordinator
Nelson Mena, Spanish Music Coordinator
Pedro Cirilo Coral, Custodian

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